

Judy Lamborn

**Good  
Morning  
Abba**

Intimate Conversations with God



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Abba**

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**S**tarting my day with God has been a regular practice of mine for decades. If I don't get my time with God in the morning, the day just doesn't start right. Over the years, I began to grow more and more in love with my Heavenly Father because I was spending the best part of my day with Him everyday.

Growing up, I had an unusual relationship with my earthly father which complicated things when it came time to understand that God was my Heavenly Father. I had to allow walls to be broken down and allow God to heal many parts of my wounded heart in order for me to see Him as He really is....a loving Heavenly Father who cares for me more than I will ever know.

In desperation, I would cry out to Him, "Lord, help me to embrace You as my Heavenly Father! Help me to know You as You are!" Day after day, I fell deeper in love with Him as I experienced His presence and His unconditional love for me.

In a Bible study, I learned that Jesus, in His greatest hour of need, cried out to His Heavenly Father by saying "Abba!" I found out that young children in the Middle East call their fathers Abba, which means daddy. It's a term of endearment. I began to refer to my Heavenly Father as Abba and it just stuck. He's my Daddy, my Abba for eternity.

During one of my devotional times with Him, I felt

like He was asking me to record our conversations so they could be shared with others. I wasn't overly excited at first because these talks I have with my Abba are very intimate and vulnerable. Then I realized why He wanted me to do it. So many people don't realize God wants to have an intimate relationship with them. He wants to be involved in every detail of Your life. He waits for You to wake up every morning and watches over You carefully all throughout the day. He longs to spend time with You.

Imagine having the best possible friend ever and You completely ignore them and never enjoy the beauty of what that relationship could have been. There is someone Who is head over heels in love with you and He longs to be involved in your life. My prayer is that through this simple weekly devotional, You can take my private prayer times with God and make them your own. I pray that it will catapult you into a deeper, more intimate relationship with your Heavenly Father and that He will become your Abba too.

He's waiting for You....He's been there your whole life and He can't wait for you to get to know Him better.



# Prologue

Welcome to my prayer closet. It's not fancy. As a matter of fact, the only decorations are my phone or computer playing soft instrumental worship music, a bible and a box of tissues that gets replenished when it's used up. This is your exclusive invitation to listen in on my private conversations with the Person who saved my life.

There are a just a few house rules before you come in:

1. This is a safe place; relax, take your shoes off. This is a judgment-free zone where transparency and honesty are expected and self-preservation mechanisms are unnecessary and therefore, must be checked at the door.
2. You are encouraged to courageously allow yourself to be completely vulnerable here. It won't be exploited, but understood and embraced. Try something new
3. This devotional is not a formula. In no way am I suggesting this body of work is an exclusive path to a richer relationship with God. It's merely a recording that has captured some of my expressions within the most intimate relationship in my life; my relationship with my Heavenly Father...my Abba.

Make it your own. Read it out loud and change it as much as you like. It's meant to be a fire starter; a suggestion, an ignition point that introduces you and accelerates you to a greater place of intimacy, healing and freedom.

# Day 1

*"I am The Lord; there is no other God."*

*Isaiah 45:5*

**G**ood Morning Abba! I lift my hands to worship You today! I lift my hands to the One who created me and to the One who continually gives me every breath and keeps my heart beating.

I want every part of me to be awakened to You, Abba. I want to hear what You hear and I want to see what You see. I want to love what You love and I want to hate what You hate. As You are, so am I in this world!

I want my life to worship You! I want my life to praise You! I want my life to honor You! I want to burn brightly for You Abba, so that the world will know that You are the one true living God and there is no other god that compares to You.

Apart from You I can do nothing, but through You I can do all things! I depend on You for my strength! In You I find hope! Because of You, I have purpose! You are my passion! You are the air I breathe and the song I sing. You are my absolute everything. I cannot and do not want to survive without You!

I love You, Abba. I love Your presence. I love Your peace. I love when You fill the room and the atmosphere is

charged with Your presence. I want to know You as You are. I want our relationship to be as intimate as You created it to be. There's nothing You don't know about me and there's nothing that I can hide from You. There's nothing that I want to hide from You.

You are the love of my life. I find my purpose and destiny in You. You are the joy of my life. Because of You, I enjoy my life again. I cannot live and do not want to live one moment without You. I magnify You. I worship You. I honor You. I bow down before You!

I praise You and Thank You for the gifts, talents and skills that You've given me! I want to use them for Your glory! I want to cultivate them capacity to fulfill Your calling on my life! You chose the day that I would be born... You chose how tall I would be, what color my eyes would be! I thank You that there's nothing about me that You don't know!

You created me for a purpose and my heart's desire is to fulfill that purpose! Thank You Abba that You never leave me alone; You're with me every moment of every day... every heartbeat... every breath. You know the number of hairs on my head and Your desire is to be intimately acquainted with my every thought, every decision and every word I speak. I yield to You completely, Abba.

